

MAHARASHTRA STATE BOARD OF TECHNICAL EDUCATION (Autonomous)

(ISO/IEC - 27001 - 2005 Certified)

#### WINTER- 2023 EXAMINATION

#### Subject Name: HOSPITAL AND CLINICAL PHARMACY

#### Subject Code: 20225

#### **Important Instructions to examiners:**

- 1) The answers should be examined by key words and not as word-to-word as given in the model answer scheme.
- 2) The model answer and the answer written by the candidate may vary but the examiner may try to assess the understanding level of the candidate.
- 3) The language errors such as grammatical, spelling errors should not be given more Importance (Not applicable for subject English and Communication Skills.
- 4) While assessing figures, the examiner may give credit for principal components indicated in the figure. The figures drawn by candidate and model answer may vary. The examiner may give credit for any equivalent figure drawn.
- 5) Credits may be given step wise for numerical problems. In some cases, the assumed constant values may vary and there may be some difference in the candidate's answers and model answer.
- 6) In case of some questions credit may be given by judgement on part of the examiner of relevant answers based on the candidate's understanding.
- 7) For programming language papers, credit may be given to any other program based on an equivalent concept.
- 8) As per the policy decision of Maharashtra State Government, teaching in English/Marathi and Bilingual (English + Marathi) medium is introduced in the first year of AICTE diploma Programme from academic year 2021-2022. Hence if the students write answers in Marathi or bilingual language (English +Marathi), the Examiner shall consider the same and assess the answer based on matching of concepts with model answer.

Q. No.	Sub No.	Answers	Marking Scheme
1		Answer any <u>SIX</u> of the following:	30M
1	a	<ul> <li>Define ward round participation. Write the goal and procedure of ward round participation by a clinical pharmacist.</li> <li>Marking Scheme: 1M definition, 2M goals, 2M for procedure of ward round.</li> <li>Definition : <ul> <li>A Ward round is a visit made by a medical practitioner, alone or with a team of healthcare professionals and medical students to hospital in-patients at their bedside to review and follow-up the progress in their health.</li> <li>The goals of clinical pharmacists participation in ward rounds are to:</li> <li>1.To gain a patients' clinical status and progress, currently planned investigations, and therapeutic goals.</li> </ul> </li> </ul>	5M



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		2.To get relevant information on drugs consumed, their effectiveness, and adverse effects.	
		3.Optimize therapeutic management by influencing drug therapy selection, drug administration, monitoring, and follow-up, investigate unusual drug orders or doses.	
		4.Additional Information about the patient comorbidities, medication compliance, or alternative medicine use that might be relevant to their management.	
		5.Detect, manage, and prevent adverse drug reactions and drug interactions.	
		6.The doctors are visiting all the patients in an order beginning from the intensive care unit	
		7. Documented case report reminds the case history of the patients to update and change the strategies of treatment.	
		8. The ward team objective is to ensure safe, effective, economic, and patient-friendly treatment.	
		9.Participants in the inpatient discharge planning.	
		10.Many learning opportunities are provided to pharmacists.	
		11.It strengthens the inter-professional ships among various HCP leading to better healthcare research.	
		Procedure :	
		1.Pharmacists should complete pre -round preparation before participating in ward rounds-like developing a patient log sheet(profile), choosing the best method of communication(verbal/written) with the team members etc.	
		2.If a hospital has its own formulary, the pharmacist should ensure that all prescriptions are in accordance with hospital formulary.	



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		3. During the visit, pharmacists should identify any drug interaction, adverse drug events	
		or medication errors, if any and suggest an alternative solution for it.	
		4. Pharmacists have the opportunity to intervene while performing various activities like	
		medical history interview; medication chart review, therapeutic drug monitoring and	
		drug information during ward round participation.	
		5.Observe and participate in consultant-led patient management discussions.A	
		pharmacist must arrange at least one lecture/month for supportive staff regarding drug	
		related problems.	
		6.Take follow ups by phone calls.	
		7.Specific monitoring Aids- In specialised areas such as ICU, oncology, pulmonary,	
		renal etc. monitoring criteria and protocols may be written that help in determining the	
		degree of monitoring required.	



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1	b	Define Inventory control. Enlist their methods and describe in detail "Economic	5M
		Order Quantity" Method.	
		Marking scheme: 1 M for Inventory control definition, 2 M for enlisting	
		any eight inventory techniques,2 M for EOQ explanation	
		<b>Definition:</b> Inventory Control is the balance between not ordering too much	
		and avoiding stock out situations of material. Different techniques of Inventory	
		control:	
		• Economic Order Quantity (EOQ)	
		• Reorder quantity level	
		• Inventory turnover	
		• ABC analysis	
		• VED analysis	
		• ABC-VED matrix analysis	
		• FEFO, FIFO analysis	
		• Lead time	
		• Buffer stock	
		Economic Order Quantity:	
		Economic Order Quantity is the purchasing of item in bulk amount at which	
		ordering cost and inventory carrying cost will be minimum.	
		OR	
		The quantity of material to be ordered in economic lot size which minimizes both	
		the cost (carrying & ordering) is known as economic order quantity.	
		EOQ is a profitable quantity for those materials which are used regularly & in	
		bulk quantities are purchased in economic lot size	
		This technique is used to decide how much quantity of material is to be	
		ordered. Hence it is determined by following formula-	
		$EOO = \sqrt{2 \times AC \times OC}$	
		V DC XIEC	
		Where, AC - annual Consumption ,OC - ordering cost	
		UC - unit cost ,ICC - inventory carrying cost	
	1		



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Q. No.	Sub No.	Answers	Marking Scheme
1	c	Explain distribution and storage of NDPS in hospitals.	5M
		Marking scheme: 3 marks for distribution and 2 marks for storage	
		Distribution of NDPS:	
		1.A separate register should be maintained to record dispensing and a	
		controlled procedure is used to issue or receive NDPS drugs.	
		2.Following persons are involved in dispensing,	
		Medical superintendent is overall responsible for the proper safeguarding and	
		handling of narcotics and psychotropic substances.	
		Chief pharmacist responsible for the purchase, storage, accountability and	
		appropriate dispensing of the narcotics and psychotropic substances within the	
		hospital. Head nurse : Responsible for the record of proper storage.	
		3.Prescription order of the narcotics & psychotropic substances should be made	
		by using ink or indelible pencil, typing and duly sign by the respective doctor.	
		4. Prescriptions for Narcotic & psychotropic substances must include the following	
		information: Patient's full name, Address, Date, Name and strength of the drug,	
		Quantity of drug, Signature of prescriber, Dose and route of administration.	
		5. If the required drug is not in stock in the ward, the complete controlled drug	
		prescription must be written on a hospital prescription blank form by a registered	
		medical practitioner and then it is Signed and sent to the hospital pharmacy.	
		Abbreviation like p.r.n (Pro Re Nata) or S.O.S (Si Opus Sit) must be discouraged	
		for such drugs	
		6.The completed form along with the empty containers and nurses inventory sheet is	
		sent to the pharmacy for dispensing. The prescription signed by a Registered Medical	
		Practitioner will also permit the patient to purchase drugs from outside pharmacies.	
		7. The delivery of narcotic drugs from the pharmacy to the wards and nursing	
		stations must be carried out through some reliable persons.	
		8. Charges for Narcotic and Psychotropic Substances depend upon the policy of the	
		hospital. It could be like the charges may be made for individual dose received or	
		flat charges for all narcotics and hypnotics	
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Q. No.	Sub No.	Answers	Marking Scheme
		9.After the dispensing of narcotics by the pharmacy, Nurse in charge must prepare	
		special form in duplicate entries to cover incidence of every dose of narcotics &	
		psychotropic substances given/administered to patient or drug is lost or wasted on	
		ward. Such accountability of control substances needs to be furnished to the	
		pharmacy department while requesting for new supply of drugs. Original is filled in	
		the pharmacy and duplicate copy is kept for record to the nursing office.	
		10. While administering a dose, if a patient refuses or the doctor cancels any dose, it	
		is the responsibility of the nurse to destroy the drug into the sink and record "Refused	
		by patient" or "order cancelled by doctor". Nurses should always preserve a proper	
		record in case of destruction/ wastage /contamination.	
		11. Pharmacists need to preserve the records of the receipt and return of narcotics	
		&& psychotropic substances for disposal. Documentation of the return of narcotics &	
		psychotropic substances for demolition by the pharmacist from the respective ward	
		of hospital is considered as good practice of record.	
		Storage:	
		• A separate register should have been maintained to register them and record	
		the addition and/or deletions of NDPS in Red Ink along with their signature.	
		Record barrow narcotics in separate- Borrowing Narcotics	
		Administration Register.	
		• Registered nurses will be responsible for records of proper storage.	
		• NDPS must be stored in a separate cupboard with double lock and key. The	
		key of the locks should be kept with two different people. Other than	
		narcotic drugs no other items are permitted to be stored in the cupboard.	
		• NDPS must be procured and stored in such a manner so as to prevent	
		misuse by unauthorized persons.	
		• The storage area for NDPS must be opened and accessed by a	
		specific pharmacist in charge and specific nursing in charge of the	
		respective department.	



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		• Send completed narcotics Administration Records to the pharmacy daily.	
		Enter shift count (Count narcotics at the change of shift each shift) in Red on	
		the Narcotics and controlled drug record.	
1	d	Define Drug information centre and Poison information centre. Write the various sources of drug information with explain.	5M
		(Marking scheme - 1 mark each for definition, 3 marks for various sources of information)	
		Drug information centre: (1 mark)	
		It is defined as "A branch in the hospital designed for receiving, collecting, analyzing & providing unbiased, accurate & up-to-date information about drugs & their use".	
		Poison information centre : (1 mark)	
		It is a specialized unit providing information on prevention, early diagnosis and treatment of poisoning and hazard management.	
		Sources of drug information:	
		On the basis of the origin, composition & function, the sources of information can be classified into three types,	
		1.Primary sources	
		2.Secondary sources	
		3. Tertiary sources.	
		Primary resources: (1 mark with any 2 examples)	
		It includes the original research papers published in scientific journals; proceedings of seminars and conferences; newsletters; and patents. It can also include the care reports, case series, editorials and letters to the editors.	
		Some good journal representing science and practice of pharmacy are given below: 1, The American Journal of Health System Pharmacy	



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		2. Drug Discovery Today	
		3. American Journal of Hospital Pharmacy	
		4 Advanced Drug Delivery Reviews	
		5. Journal of Clinical Pharmacy and Therapeutics	
		6. Journal of Ethnopharmacology	
		7. Pharmacology and therapeutics	
		8. Journal of Medicinal Chemistry	
		9. Journal of Pharmacy Practice	
		Secondary Resources :( 1 mark with any 2 examples)	
		It comprises the second-hand information including summary of information appearing in the primary sources.Here original information selected, summarized, modified, condensed from primary source.	
		These usually include various print and electronic abstracting and indexing services like international pharmaceutical abstracts UPA), EMBASE, SEDBASE, Science Direct, Micromedex, Biosis, CA search, BRS, Natural Medicine Comprehensive Database (NMCD), India Drug Index, AHFS drug information, etc.	
		Tertiary Resources: (1 mark with any 2 examples)	
		The tertiary resources provide overview of the topic in a concise and readable form, like encyclopedia, medical dictionaries, directories, desk references, drug compendia and textbooks. These are the summary of the primary resources. Some of the frequently used tertiary resources of drug information are given below: 1 The United States Pharmacopeia	
		2. The British Pharmacopoeia	
		3 British National Formulary (BNF)	
		4. Martindale Extra Pharmacopoeia	



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		5. Remington's Science and Practice of Pharmacy	
		6. The Merk Index	
		7. Indian Pharmacopoeia	
		8. Goodman and Gillman's Pharmacological Pasis of Therapouties	
		8. Oodinan and Omman's Fharmacological Basis of Therapeutics	
		9. Physician's Desk Reference	
1	e	Enlist different Test of Liver Functioning and explain any two of them.	5M
		(3M for enlisting and 2 marks for explanation of any 2 tests)	
		Liver Functioning tests are:	
		1.Tests based on excretory functions-	
		• Measurement of Serum bilirubin	
		• Measurement of Urine bilirubin	
		• Measurement of Urine bile salts	
		• Measurement of Bromosulphophthalein (BSP) dye test	
		2. Tests based on serum enzymes derived from liver determination of :	
		• Serum aspartate transaminase (AST)	
		• Serum alanine transaminase (ALT)	
		• Serum alkaline phosphatase (ALP)	
		3. Tests based on metabolic capacity-	
		• Tests related to carbohydrate metabolism - galactose tolerance test	
		• Test related to lipid metabolism - determination of serum cholesterol and	
		ratio of free to esterified cholesterol	
		• Test related to protein metabolism - serum protein estimation and	
		serum ammonia estimation	
		4. Tests based on synthetic functions-	
		<ul> <li>Determination of plasma proteins, albumins and globulins</li> <li>Determination of prothrombin time</li> </ul>	



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Q. No.	Sub No.	Answers	Marking Scheme
		5. Tests based on detoxification- Hippuric acid test, Blood ammonia and bilirubin	
		• Determination of Hippuric acid test	
		• Determination of Blood ammonia and bilirubin	
		BILIRUBIN	
		Bilirubin is a bile pigment, & is the excretory end product of heme degradation.	
		It is conjugated in the liver to form bilirubin diglucuronide, & excreted in bile.	
		1. Serum bilirubin	
		• The normal concentration of serum bilirubin is in the range of 0.2- 1.0 mg/dl.	
		Of this, the conjugated bilirubin is about 0.2-0.4 mg/dl, while the unconjugated bilirubin is $0.2 - 0.6$ mg/dl	
		• Jaundice symptoms include yellow coloration of conjunctiva, mucous memorane	
		& skin due to increased level of bilirubin. Jaundice is visible when serum bilirubin	
		level exceeds 2.5 mg/dl.	
		Van den bergh reaction	
		• This is a specific reaction to identify the increase in serum bilirubin(above	
		reference level). Normal serum gives a negative van den Bergh reaction.	
		• This reaction is very useful to understand the nature of jaundice.	
		• The response of van dan Bergh reaction can differentiate the jaundice as follows-	
		• Indirect positive —Hemolytic jaundice	
		• Direct positive —Obstructive jaundice	
		Biphasic—Hepatic jaundice	
		2. Bilirubin in Urine	
		The conjugated bilirubin, being water soluble, is excreted in urine.	
		The bilirubin in urine can be detected by Fouchet's test or Gmelin's test.	
		bilirubin in urine tests measures the levels of bilirubin in your urine.	
		Normally, urine doesn't have any bilirubin. If there is bilirubin in your urine, it	
		may be an early sign of a liver condition.	
		A positive (+) result of bilirubin in urine (bilirubinuria) is indicative of a	
		liver problem or a bile obstruction.	
		Bilirubin in urine can be detected by Fouchet's test or Gmelin test	



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		A)Fouchet's test :	
		Principle : Bilirubin is precipitated by Barium Chloride . This bilirubin is oxidized	
		to green biliverdin by Fouchet's reagent.	
		TEST :	
		i)Acidity 10ml of urine with a few drops of dilute acetic acid and add 5ml of	
		10% solution .	
		ii)If there is not much ppt add 2 drops of saturated solution of magnesium sulphate,	
		mix and allow to stand for a few minutes.	
		iii)Filter and unfold the filter paper.	
		iv) Add one drop of Fouchet's reagent to ppt.	
		v)The development of green coloration indicates the presence of bile pigments.	
		B) Modified Gmelin's test:	
		To 10 ml of urine, add 2-3 drops of dil.HCL .filter it through paper, allow it to dry	
		and put a drop of conc HNO3 at the apex of paper.Different coloration can be seen in	
		the order of green , blue, violet , red and yellowish red, showing the presence of bile	
		pigments.	
		3. <u>Measurement of Urine bile salts</u>	
		The amount of urobilinogen present in urine depends on the amount of bilirubin	
		entering the intestine. It is estimated semi-quantitatively by Ehrlich's aldehyde	
		reagent.	
		Clinical interpretation:	
		• In increase in urobilinogen in urine, is found in hemolytic jaundice due to excess production of bilirubin	
		• In hepatitis urobilinogen in urine may be normal or decreased	
		• In post hepatic obstructive jaundice, due to the complete or almost	
		complete biliary obstruction, no urobilinogen is found in urine because	
		bilirubin is unable to enter the intestine	
		4.Measurement of Bromosulphophthalein (BSP) dye test	
		In addition to excreting bilirubin, the liver is capable of eliminating various dyes or	



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		drugs by the same excretory pathway as bilirubin.	
		Bromosulfophthalein excretion test:	
		A 5% solution of BSP is injected intravenously (the dose is 5 mg/kg body wt) and a	
		sample of blood is tested 45 minutes later for percentage of injected dye remaining in the blood.	
		Clinical interpretation:	
		In normals, the retention of BSP at 45 minutes is less than 5 %. Impairment of	
		liver cell function causes an increase in BSP retention.	
		TESTS BASED ON SERUM ENZYMES FROM LIVER	
		$\rightarrow$ Liver cells contain several enzymes which may be released into the circulation in liver damage.	
		→ Measurement of selected enzymes in serum is often used to assess the liver function.	
		1.Transaminases or aminotransferases	
		• The activities of 2 enzymes-serum glutamate pyruvate transaminase(SGPT;	
		recently known as alanine transaminase-ALT) & serum glutamate	
		oxaloacetate transaminase( SGOT; recently known as aspartate transaminase-	
		AST)are widely used to assess liver function.	
		• The activity of these enzymes is low in normal serum(SGPT-5-40	
		IU/litre; SGOT-5-45 IU/litre).	
		• Serum SGPT & SGOT are increased in liver damage. However, SGPT is more	
		sensitive & reliable for the assessment of LFT.	
		Clinical Significance of SGPT & SGOT TESTS	
		• In liver diseases, the concentration of these enzymes increase in the serum.	
		• Both enzymes increase in obstructive jaundice.	
		• Very high concentrations of these enzymes indicate toxic hepatitis.	



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		2. ALKALINE PHOSPHATASE (ALP)	
		Alkaline phosphatase(ALP) is mainly derived from bone & liver.	
		A rise in serum ALP( normal 3-13 KAunits/dl KING ARMSTRONG),	
		usually associated with elevated serum bilirubin is an indicator of biliary	
		obstruction(obstructive jaundice).	
		ALP is also elevated in liver cirrhosis & hepatic tumors.	
		Measurement of other serum enzymes like $\gamma$ -glutamyl	
		transpeptidase(GGT), 5'-Nucleotidase, isocitrate dehydrogenase &	
		isoenzymes of lactate dehydrogenase are also useful in LFT.	
		3.Gamma – Glutamyl transpeptidase: (GGT)	
		Measurement of (GGT )activity provides a sensitive index to assess liver abnormality	
		Serum GGT is highly elevated (Normal $10 - 15U/L$ ) in biliary obstruction and	
		alcoholism	
		LFT BASED ON SERUM PROTEINS (Albumin)	
		• Albumin is only synthesized by the liver.	
		• It is a good marker to assess chronic liver damage.	
		• Low serum albumin is commonly observed in patients with severe liver damage.	
		• It must however, be noted that the serum albumin concentration is also	
		decreased due to malnutrition.	
		LFT BASED ON SERUM PROTEINS(Globulin)	
		• Increased synthesis of Globulins indicates impairment of liver.	
		• Cirrhosis of the liver is indicated by the reversal of albumin/globulin(A/G) ratio.	
		GALACTOSE TOLERANCE TEST	
		• Galactose is a monosaccharide, almost exclusively metabolized by the liver.	
		• The liver function can be assessed by measuring the utilization of galactose.	
		• This is referred to as the Galactose Tolerance Test.	
		• In normal individuals, the half-life of galactose is about 10-15 minutes.	
		• This is markedly elevated in infective hepatitis & cirrhosis.	



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		PROTHROMBIN TIME	
		• The liver synthesizes all the blood clotting factors.	
		• A decrease in the concentration of plasma clotting factors is found in the	
		impairment of liver function.	
		• This can be checked by measuring prothrombin time which is prolonged in	
		patients with liver damage compared to normal.	
		• The half-lives of clotting factors are relatively short(5-72 hrs.), therefore, changes	
		in prothrombin time occur quickly.	
		• Hence this test is useful to assess acute as well as chronic liver damage.	
		HIPPURIC ACID SYNTHESIS	
		• The liver is the major site for the metabolism of xenobiotics(detoxification).	
		• Measurement of hippuric acid synthesis is an ideal test for assessing the	
		detoxification function of the liver.	
1	f	Define medication errors. Write various strategies to minimise medication error.	5M
		Marking scheme: 1 M for definition, 4 M for strategies to minimize medication	
		errors.	
		Definition:	
		Medication error is defined as any error in the prescribing, dispensing or	
		administration of drugs which are the single most preventable cause of patient harm.	
		OR	
		Any preventable event that may cause or lead to inappropriate medication use or	
		patient harm while the medication is in the control of the healthcare professional,	
		patient, or consumer.	
		<b>Strategies for prevention of medication error: (any 8)</b>	
		1.If not sure about the dose or drug consult to the pharmacist	
		2.If the illegible writing, confirm the drug or dose by calling healthcare provider and	
		then dispense medicines	
		3.Recheck the calculation to confirm that patient will get right therapeutic dose	
		4.Ask another clinician to recheck your calculations of dose.	
		5.When writing orders do not use drug abbreviations	



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		6.To each prescription always add the patient's weight and age	
		7.Do not use abbreviations for route and frequency of dosage	
		8. When writing a prescription state treatment condition	
		9. Always specify duration of therapy	
		10.Do not hesitate to check dose and frequency if you are not knowing	
		11. Always remember each medication has potential for adverse reaction	
		12.Be aware of high risk medications	
		13.Before ordering any medication, analyse blood samples for liver and renal function.	
		14.Double check the frequency and dosing of all high alert medications	
1	g	Define National Accreditation Board for Hospital and write its benefits and Role	5M
		of pharmacist in it.	
		(Marking scheme: 1 mark - definition, 2 marks for any 2 benefits, 2 marks for	
		any 4 role of pharmacist)	
		NABH- It is a constituent Board of Quality Council of India, that is set up to improve	
		the standards of health care organisations with the purpose of improving health care	
		quality and patient safety in public and private hospitals.	
		Benefits of Accreditation: (any 2 benefits)	
		1.For patients: (any 2 points - 1mark)	
		a) Patients can feel safe due to implementation of accreditation standards ensures	
		Patient safety, commitment to quality care resulting in good clinical outcomes.	
		(b) Improves patient satisfaction and increases community confidence as services	
		are provided by credentialed medical staff.	
		(c) Provides good marketing advantage in competitive healthcare.	
		(d) Accreditation by ISQua gives international recognition which will boost	
		medical tourism.	
		(e) Provides an objective system of empowerment by insurance and other third parties.	
		(f) The rights of patients are respected and protected.	
		2.For a Hospital/Organisation:(any 2 points - 1mark)	
		(a)Guide the hospital to provide quality healthcare, patient safety as per	
		global standards so continuous improvement in health care organisation.	



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		(b)The testimony that the hospital wishes to increase the patient's	
		experience positively.	
		(c) It provides International recognition for any hospital which helps to	
		promote medical tourism.	
		(d) It provides a marketing advantage in a competitive health care.	
		3. Benefits for staffs: (any 2 points - 1mark)	
		(a) The staff are satisfied as it provides for continuous learning, good working environment and leadership.	
		(b) It improves efficiencies and competencies of staff.	
		(c) It improves overall professional development, knowledge and competencies.	
		Role of pharmacist in NABH: (any 4)	
		The primary duty of a hospital pharmacist is to support safe, rational and economic	
		use of medicines for the benefit of the patient and in interest of hospital. The	
		pharmacist performs his role in management of medication while going for the	
		NABH accreditation. The various roles of a hospital pharmacist include:	
		1.Provide guidelines for the organization for pharmacy services, management	
		and drug use.	
		2.Set up a multidisciplinary committee called the Pharmacy Therapeutic	
		Committee which provides best information on medication management and the	
		same shall be updated and implemented.	
		3.Provide guidelines for the storage of the medication. This defines a list of high-risk	
		medication, emergency medication and LASA (Look Alike and Sound Alike) drugs etc.	
		Also suggests guidance for storing these drugs physically apart from each other.	
		4.Establish guidelines and policy to find error or illegible prescription for rational	
		and safe prescription of medication.	
		5.To set the standards for medication writing in a uniform manner. Medication	
		orders are legible, dated, timed and signed.	
		6.Identify potential high risk medications and to outline steps to prevent errors	
		that may result from confusion of these medications.	



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		7.Establish policies / guidelines for dispensing only against valid prescription or	
		medication orders. Dispensing shall be preceded by checking the expiry date,	
		strength, generic component of the drug.	
		8. Ensure patient safety after the administration of medication creating a system for	
		monitoring, reporting and analysing the medication errors and adverse drug reactions.	
		9.Prepare very vital standards on safe use of narcotic, psychotropic,	
		chemotherapeutic agents and radioactive agents.	
		10. Ensure the availability of medication as per the hospital formulary and maintain	
		as per the inventory. Pharmacists know the procedure of purchasing and also audit	
		documentation of periodic stock including physical verification.	
		11. Fire safety arrangement in the pharmacy and store room. Pharmacist know	
		about chemical spill management	
		12. Quality indicator for pharmacy-	
		a) Incidence of dispensing errors	
		b) % of wastage of drug	
		c) % of medicine expiring in a period	
		d) % of stock out of drugs	
		e) % of stock out of emergency drugs	
		f) % of medicines procured through local purchase	
		Pharmacists collect data of all above quality indicators from the pharmacy	
		department every month and analyse it.	
2		Answer any <u>TEN</u> of the following:	30 M
2	a	Define Hospital Pharmacy and write its scope	3M
		Marking scheme: 1 M for definition, 2 M for any 4 points in scope.	
		Definition:	
		Hospital pharmacy is defined as a department of hospital wherein procurement,	
		storage, compounding, dispensing and distribution of medicines and professional	
		supplies is done to inpatients and outpatients under the control of legally qualified	
		pharmacists.	



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# Subject Name: HOSPITAL AND CLINICAL PHARMACY

Q. No.	Sub No.	Answers	Marking Scheme
		Scope of hospital pharmacy:	
		1. To professionalize the functioning of pharmaceutical services in hospital	
		2. To perform functions of material management	
		3. To make the hospital self-sufficient in respect of critical drugs	
		4. To ensure availability of right medication at the right time, right dose and at	
		minimum possible cost	
		5. To serve as source of drug information	
		6. To serve as counselling department	
		7. To organise and participate in research projects, educational programs	
		8. To cooperate and coordinate with other departments	
		9. To participate inpatient care system more actively than performing only the	
		counting, pouring and dispensing job	
		10. To educate patients, nurses, interns and pharmacy trainers on various aspects of	
		drug.	
2	b	Define Drug related problems and classify it.	<b>3</b> M
		Marking scheme: 1 M for definition, 2 M for classification	
		Definition:	
		Drug related problem is an event or circumstance involving drug therapy that actually	
		or potentially interferes with desired health outcome.	
		Classification:	
		1.New drug therapy-	
		patient has a medical condition that require new drug therapy	
		e.gNeed for additional drug	
		2.Unnecessary drug therapy-	
		A patient is taking a drug therapy which is not suitable for his/her condition.	
		3.Use of wrong drug-	
		A patient has a medical condition for which the wrong drug is prescribed.	
		4.Too low dose-	
		A patient has a medical condition for which too low a dose of the correct drug is taken.	



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Q. No.	Sub No.	Answers	Marking Scheme
		5.Too high dose-	
		A patient has a medical condition for which too high a dose of the correct drug is taken.	
		6. ADR-	
		A patient has a medical condition that occurs due to ADR.	
		7.Drug interaction-	
		A patient has a medical condition because of drug-drug interaction, drug-food	
		interaction or drug-disease interaction.	
		8.Non-compliance-	
		A patient has a medical condition for which the patient ignores the doctor's	
		instructions to take the medication and follow the self-prescription.	
		<b>9.Lack of monitoring of effect and toxicity of drugs: e</b> .g Clinical examination e.g.	
		blood pressure weight with heart failure, blood tests e.g. regular counting of HbC with	
		clozapine treatment.	
2	c	Explain the dispensing of Radiopharmaceuticals.	3M
		Marking scheme: 3 M for any 6 points	
		Dispensing of Radiopharmaceuticals	
		Dispensing should be safe, straightforward and reliable	
		Radiopharmaceuticals can be prepared in the form of ready to use kits or cold	
		kits which provide individual or multiple doses and can be reconstituted by	
		the addition of the radionuclide at the time of intended use	
		Chemical reagents are prepared in a sterile environment using pyrogenic	
		free raw materials and dispensed into single or multiple unit dose containers.	
		The cold kit preparation should be subjected to terminal sterilization	
		preferably by autoclaving or by membrane filtration	
		Radiopharmaceuticals are never dispensed directly to patients, they are	
		provided to trained healthcare professional at the hospital or clinics and	
		then administered to the patients	
		Recommended dosage level is calculated on the basis of patient history,	
		age, weight, surface area and other factors	
		Dispensing of prescription is done as per applicable pharmacy law and	
			NI 10 CO1



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Q. No.	Sub No.	Answers	Marking Scheme
		appropriate records are maintained	
		Policies and procedures are developed for the rational use of radiopharmaceuticals	
		Good radiation practices (GRP) should be strictly followed to reduce the unwanted and avoidable radiation exposure.	
2	d	Write about any 3 equipment used for maintaining cold storage conditions.	3M
		Marking scheme: 1 M each	
		<ul> <li>Refrigerator:</li> <li>The medicines are kept safely in narrow temperature range and their efficiency is maintained</li> </ul>	
		• It comprises of thermally protected compartments	
		<ul> <li>Temperature range is between 2°C to 8°C</li> </ul>	
		• Medicines stored in the refrigerator include vaccines, insulin, chemotherapy	
		drugs, topical preparations, eye drops, insulin, glucagon etc.	
		ILR ( Ice lined refrigerator):	
		• This device has a lining of ice packs hence the name is ice lined refrigerator	
		• Internal lining contains ice, ice packs or cold water filled compartments	
		• If electricity fails, the ice lining keeps the inside temperature at a safe level	
		<ul> <li>2°C to 8°C temperature can be maintained with just 8 hours of power supply in 24 hours</li> </ul>	
		• Additionally, top opening lid prevents loss of cold air during door opening	
		hence temperature can be maintained for a longer span in deep freezer	
		• They are mostly used in the vaccine cold chain	
		Walk in cold room:	
		• Walk in cold rooms ensure the temperature is constant and within range in all over the room	
		• It is designed for exact observing of temperature conditions required for	
		cold storage	
		It works between 0°C to 25°C	



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# Subject Name: HOSPITAL AND CLINICAL PHARMACY

Q. No.	Sub No.	Answers	Marking Scheme
		• It maintains precise temperature for long term cold storage.	
2	e	Define PTC and write the functions and scope of the committee.	3M
		Marking scheme: 1 M for definition 2 M for Function and scope (any 4 points)	
		Definition:	
		PTC is a committee which formulates policies regarding evaluation, selection	
		and therapeutic use of drugs.	
		Functions and scope of PTC	
		1.To advise medical staff and hospital administration in matters relating to use	
		of drugs, prevention of waste and confusion.	
		2.Establish and develop suitable educational schemes to improve	
		hospital's professional staff on matters related to use of drugs.	
		3.Develop and compile a formulary of drugs.	
		4.To constantly review formulary and update if necessary.	
		5.To study problems related to drug administration, distribution, drug stocking	
		and drug use.	
		6.To review ADR or interactions occurring in the hospital.	
		7.To recommend about drugs to be stocked in patient care areas.	
		8.To advise pharmacy in implementation of effective drug distribution and	
		control procedures.	
		9.To develop written policies and procedures for selection, procurement,	
		storage, distribution and use of drugs.	
		10.To develop policies regarding drug safety.	
2	f	Define Hospital formulary and write about contents of hospital formulary	3M
		Marking scheme: 1 M for definition 2 M for content	
		Definition: Hospital Formulary is a continually revised compilation of	
		pharmaceuticals (plus ancillary information) which reflects the current clinical	
		judgement of medical staff.	
		<b>Content of hospital formulary:</b>	
		PTC will take the decision regarding content of hospital formulary, but it generally	



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# Subject Name: HOSPITAL AND CLINICAL PHARMACY

Q. No.	Sub No.	Answers	Marking Scheme
		contains 3 parts -	
		1.Information of hospital policies and procedures regarding drugs. This will	
		include following items:	
		a) Formulary policies and procedures	
		b) Brief description of PTC	
		c) Hospital regulations governing prescribing, dispensing and administration of drugs.	
		d) Pharmacy operating procedures	
		e) Information on using formulary	
		2. Drugs product listing - This includes information on drug products which have	
		been approved by PTC	
		a) List of approved drugs	
		b) Information about each approved drug	
		This section is the heart of formulary and consists of one or more index to	
		facilitate use of formulary. e.g. 1) Generic brand name, cross-reference list	
		2) Pharmacologic-therapeutic index	
		3. <u>Special information</u> - This section includes:	
		a) Prescription writing - This section is to guide young physicians who are appointed as	
		trainee staff. This gives information about parts of prescription, systems of	
		measurement, abbreviations used, essentials of narcotic prescription, etc.	
		b) Other data -	
		i) Normal laboratory values	
		ii) Calculation of doses for children	
		iii) Weights and measures	
		iv) Toxicology section	
		v) mEq calculations	
		vi) Diagnostic and pathological reagents in common use.	
		And other such data that PTC considers useful is included in formulary.	



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# Subject Name: HOSPITAL AND CLINICAL PHARMACY

Q.	Sub	Answers	Marking
No.	No.		Scheme
Q.	Sub	Answers         Enlist different software used in pharmacy and explain pharmacy management software         Marking scheme: 2 M to Enlist,1 M for pharmacy management software.         Different software used in pharmacy         • Electronic health record (EHR) software; E.g. eClinical Works, Allscripts, Nextgenclinic         • Medical billing software: e.g.Epic care         • Hospital management software; E.g. Availity         • Medical equipment management software: E.g. Sortly         • Medical research software; E.g. MediTab, ScriptSure         • Telemedicine software;         • Telemedicine software;         • Telemedicine software;         • Personal Health Record software (medical diaries);         • Pharmacy management software (PMS): This software helps to achieve two business goals-         1.1t helps automate the pharmacy workflow more efficiently- This includes such tasks as reviewing physician orders and preparing medications, controlling the inventory and making drug orders, handling billing and insurance, providing counselling, identifying incompatibilities, and more-all while following legal protocols and compliance.         2.1t provides better customer experience and improves patients outcomes by attracting	Marking
No.	No.		Scheme
2	g		3M
		2.It provides <u>better customer experience and improves patients outcomes by attracting them</u> By computer communication, prescriptions can be easily handled by software, freeing more time for pharmacists to interact with patients. Here pharmacists can communicate with patients online on a patient portal. Also setting up a connection to a hospital's EHR, a pharmacist can access a patient's medication history to make better recommendations.	
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# Subject Name: HOSPITAL AND CLINICAL PHARMACY

Q. No.	Sub No.	Answers	Marking Scheme
2	h	Write in brief about Drug Food Interaction with example	3M
		Marking scheme: Explain any 3 examples, 1 mark each)	
		Food affects the absorption of the drug. It may be attributed to	
		1) Dilution of the drug	
		2) Adsorption or complexation of drug	
		3) The alteration of gastric emptying	
		1. The interaction of drug and Tyramine containing drug ex. Cheese.	
		MAO is an enzyme abundantly present in liver and other tissues. It causes metabolism of	
		Serotonin (5- hydroxytyramine), Tyramine and noradrenaline. When the action of MAO	
		is inhibited, the concentration of serotonin, tyramine and noradrenaline increases in	
		CNS. This causes sudden hypertension and severe headache.	
		Hence tyramine containing food like cheese, banana, some beers, yeast products	
		and caffeine-containing drinks are restricted in patients on MAO inhibitor therapy .	
		2.milk reduces absorption of tetracycline by forming an insoluble complex.	
		3.Fatty food delays gastric emptying time and alters rate of absorption.	
		4. Absorption of some drugs reduces in presence of food e.g. Ampicillin, Rifampicin,	
		Isoniazid. Iron absorption is reduced if food has been taken within the previous two	
		hours. If Iron is taken on an empty stomach it can cause nausea. Therefore, Iron	
		tablets are often given with food.	
		5. Absorption of drugs like- riboflavin, spironolactone, lithium, citrate,	
		Carbamazepine increases in the presence of food.	
		6.Nitrofurantoin is given with food to avoid GIT irritation this also increases drug absorption.	



#### WINTER- 2023 EXAMINATION

# Subject Name: HOSPITAL AND CLINICAL PHARMACY

Q. No.	Sub No.	Answers	Marking Scheme
2	i	Define unit dose drug distribution with its advantages and disadvantages.	3M
		Marking scheme: 1 M for definition, 1 M each for advantages and disadvantages	
		(any 2 points in each)	
		Definition: Unit dose medications can be defined as those medications which are	
		ordered, packaged, handled, administered and charged in multiples of single dose	
		units containing a predetermined amount of drug or supply sufficient for one regular	
		dose, application or use.	
		Advantages: (any 2)	
		1. Less/no pilferage and wastage.	
		2. Avoids duplication of orders and extra paperwork.	
		3. Medication errors are reduced.	
		4. Services round the clock become possible.	
		5. Better financial control	
		6. Patients are charged only for the doses they receive.	
		7. Less space required as compared to bulky floor stock.	
		8. More efficient utilisation of personnel.	
		9. It allows nurses more time for direct patient care.	
		Disadvantages: (any 2 )	
		1. Need separate manpower for pre-packaging	
		2. Separate containers, closures, machinery and space is required.	
		3. Unit dispensing should be handled by skilled person and supervised by	
		pharmacist only	
		4. All the formulations cannot be made available in UDDS	
2	j	Define Total Parenteral Nutrition with its contents.	<b>3</b> M
		Marking scheme: 1 M for definition 2 M for contents	
		Definition: Total Parenteral Nutrition (TPN) is the method of infusing nutrition to the	
		patients through Intravenous (IV) route. The nutrition is in the form of fluids.	



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# Subject Name: HOSPITAL AND CLINICAL PHARMACY

Q. No.	Sub No.	Answers	Marking Scheme
		CONTENTS OF TPN	
		TPN is mixture of separate components which contain	
		<ul> <li>Carbohydrates, Lipids (fat), Amino acids, Electrolytes, Trace elements, Vitamins and Fluids. TPN composition adjusted as per requirement of individual patients.</li> <li><u>Carbohydrates:</u> Carbohydrates are the main source of energy. Dextrose and monohydrates of glucose used as primary source of carbohydrate in TPN</li> <li><u>Lipids (Fat):</u> Linoleic acid is used as the primary source of essential fatty acid in TPN.</li> <li><u>Electrolytes:</u> Sodium (Na) - 100 to 200 mEq, Potassium (K)- 80 to 120 mEq, Magnesium (mg) - 8 to 16 mEq, Calcium (Ca) - 5 to 10 mEq, Chloride (C)- 100 to 200 mEq. <u>Vitamins:</u></li> <li><u>Vitamins</u> are required for the metabolism of carbohydrates, proteins, fats. water soluble (B1, B2,B3, B5, B6, B7, B9, B12 &amp; C) &amp; fat-soluble vitamins (A, D, E &amp;</li> </ul>	
			214
2	ĸ	<ul> <li>Marking scheme: 3 M for any 3 storage conditions</li> <li>As per IP 1996 <ul> <li>Cold: Any temperature not exceeding 8°C and usually between 2°C to 8°C.</li> <li>Cool: Any temperature between 8°C to 25°C</li> <li>Room temperature: The temperature prevailing in a working area. This temperature fails between 15°C to 30°C</li> <li>Warm: Any temperature between 30°C to 40°C</li> <li>Excessive heat: Any temperature above 40°C</li> <li>Light resistant container</li> <li>Well closed container</li> </ul> </li> </ul>	5111



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# Subject Name: HOSPITAL AND CLINICAL PHARMACY

Q. No.	Sub No.	Answers	Marking Scheme
		OR	
		As per IP 2022 the storage conditions are defined as following terms: Store in dry, well-ventilated place at a temperature not exceeding	
		<ul> <li>Store in a refrigerator (2°C to 8°C). Do not freeze.</li> </ul>	
		● Store in a freezer (-2°C to -18°C)	
		● Store in a deep freezer ( below -18°C)	
		• Store protected from light	
		<ul> <li>Store protected from light and moisture</li> </ul>	
3		Attempt any <u>FOUR</u> of the following	12 M
3	a	Define clinical pharmacy. It is a newborn discipline that carries traditional hospital	1M
		pharmacists from product oriented approach to patient oriented approach so as to ensure	
		patients maximum well being while on drug therapy. <b>OR</b>	
		Clinical pharmacy is defined as the area of pharmacy which is concerned with the	
		various aspects of patient care and deals with the dispensing of medicines, advising the	
		patient on safe and rational use of drugs to promote health, wellness, and disease	
		prevention. <u>OR</u>	
		Clinical pharmacy is a health science discipline in which pharmacists provide patient care that optimizes medication therapy and promotes health, wellness and disease	
		prevention.	
3	b	Give the dose for BAL Antidote.	1M
		Ans. BAL is administered in a dose of 3-5 mg/kg I.M. at an interval of 4 nours for the	
		Hist $\angle$ days, and an interval of 6-12 nours for additional 10 days.	



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# Subject Name: HOSPITAL AND CLINICAL PHARMACY

Q. No.	Sub No.	Answers	Marking Scheme
3	c	Define the term HMR.         Ans. Home Medication Review (HMR) is a patient-focused and collaborative health care service provided in the community setting to enhance the quality use of medicines and patient understanding.         OR         Home Medication Review (HMR) is a service designed to assist patients living at home to maximize the benefit of their medication regimen & prevent medication related problems.	1M
3	d	Give the composition of Universal Antidote. Ans. Composition of Universal Antidote: Magnesium oxide 1 part Activated charcoal 2 parts Tannic acid 1 part	1M 1M
	e	Give the meaning of following Latin term: 1) Auristille- Eye drops ii) Ante jentaculum - Before breakfast	
3	f	Define Radiopharmaceuticals.         Ans. Radiopharmaceuticals are pharmaceutical preparations containing radioactive components.         OR         Radiopharmaceuticals are medicinal formulations containing radioisotopes which are used in major clinical areas for diagnosis and/or treatment	1M



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# Subject Name: HOSPITAL AND CLINICAL PHARMACY

Q. No.	Sub No.	Answers	Marking Scheme
3	g	Define Anit-natal care.	1M
		<b>Ans.</b> Antenatal care is the care a pregnant woman receives from the maternity team to ensure that both mother and baby are as healthy as possible.	
3	h	Blood Pressure can be measured by	1M
		Ans. Sphygmomanometer	
3	i	Pharmacist required for 100 bed Hospital	1M
		i) 02 ii) 05 iii) 05iv) 08	
		Ans. ii) 5 OR iii) 05	
3	j	AST has a wide distribution in	1M
		i) Tissue ii) Cardiac iii) Renal iv) Blood	
		Ans. ii) Cardiac	
3	k	Give the full form of ASHP.	1M
		Ans. American Society of Health-System Pharmacists OR American Society of Hospital Pharmacists	
3	l	T3 and T4 mainly for	1M
		i) Mental functioning ii) Physical functioning	
		iii) Body Temperature iv) All the above.	
		Ans. iv) All of the above	



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# Subject Name: HOSPITAL AND CLINICAL PHARMACY

Q. No.	Sub No.	Answers	Marking Scheme
3	m	The patients who come to the hospital with general symptoms like fever, cough and cold are known as Ans. Ambulatory patient	1M
3	n	Thyrocalcitonin is used to maintain. i) Phosphate level ii) Mg level iii) CAL level iv) None Ans. iii) CAL level	1M
3	0	Give the ingredients in TPN. Ans. Ingredients in TPN are: Carbohydrate, amino acids lipids(fats/triglycerides), electrolytes, trace elements, vitamins and fluids	1M
3	р	What are Reserved antibiotics? Ans. Reserved antibiotics are drugs that are accessible but reserved for treatment of confirmed or suspected infections caused by multi-drug-resistant micro organisms.	1M
3	q	Define pharmacovigilance. Ans. Pharmacovigilance is the science and activities relating to the detection, assessment, understanding and prevention of adverse effects or any other medicine/vaccine related problem.	1M
3	r	Vitamins store in i) Room temp ii) Freezer iii) Cold temp iv) Cool temp Ans. iv) Cool temp	1M



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Q. No.	Sub No.	Answers	Marking Scheme
3	S	Where is the WHO ADR monitoring centre situated?	1M
		Ans. Uppsala, Sweden.	
3	t	Which disposal method is used for cytotoxic drugs.	1M
		i) Incineration Method ii) Disposal to Sewers	
		iii) Directly to land fill iv) All the above	
		Ans. i) Incineration method	